



## Congratulations!

You are now a member of Hinckley Canoe Club. This pack is designed to provide you with some useful and important information about the Club, its members and the way in which we operate.

### Membership

This Club is a non profit making organisation and all coaches, officials and helpers are volunteers. Your membership subscriptions help pay for Club running expenses, including maintaining and replacing equipment, insurance, coaching course subsidies and lake rental.

### Trips and Courses

You will be notified of training courses and trip dates on the website. To avoid disappointment, please contact the trip organiser to secure your place. Some trips may be cancelled if there is insufficient interest so if you would like to have a go, please get in touch.

### Committee and meetings

The Committee members meet on a monthly basis to discuss Club issues and plan events and trips. All members are welcome to attend these meetings. Dates and venues are notified on the website. If you would like to come along and get involved, discuss or raise any issues, please feel free to do so. The Club holds an Annual General Meeting and award presentation, for all Club members. Coveted awards include:

- Mick Smith Award (for endeavour to the club)
- Golden Paddle Award (for most improved paddler)
- Several certificate of Achievement Awards

It is a great time to reflect on the Club's activities over the year, member's achievements, future aims, as well as an opportunity for members to contribute ideas.

### Social Events

The Committee may organise social events from time to time. Any planned activities will be detailed on the website. If you would like to come along, please let us know.

### Communication

We communicate in two ways -

- Club Website  
[www.hinckleycanoeclub.co.uk](http://www.hinckleycanoeclub.co.uk)
- Facebook Group 'Hinckley Canoe Club'

We look forward to a fun and safe year of paddling with you.

Dave Clarke  
Chairman

# CLUB RULES AND PROCEDURES

Canoeing can be a high-risk activity. Help us to manage and reduce this risk, by behaving responsibly and adhering to Club rules.

## LAKE SESSIONS

### Safety

- No paddlers will be allowed onto the water without at least one suitably qualified coach or helper being on the water first.
- Paddlers will leave the water immediately if instructed to do so.
- No paddler shall be alone on the water and social paddlers must be in a group of at least 2 people.
- There will always be at least one suitably qualified first aider/rescuer on the bank of any open water session.
- All paddlers will wear a suitable buoyancy aid whilst on the water.
- All paddlers must enter the water at the approved entry points only.  All junior paddlers will wear a helmet on open water.
- HCC risk assessment will be available for all members to read.
- Any injury that may occur during sessions, must be notified to an HCC official as soon as possible.
- All equipment will be correctly stowed away after use to avoid damage.
- If your child is below the age of 16 (junior paddler), a parent or guardian must be present during any training.

### Other

- Only vehicles transporting boats will be allowed to drive past the barriers.
- Paddlers must respect the environment, wildlife and other users of the lakes.
- All paddlers must register before getting on the water.
- All sessions will be paid for in advance.

## POOL SESSIONS

### Safety

- No paddlers will be allowed onto the water until a qualified pool attendant is present.
- Follow Pool Safety Operating Procedures as laid down by the venue.
- No swimming or other leisure activities will be allowed during paddling sessions.
- All boats, paddles and equipment must be kept tidily when not in use, as far from the pool's edge as possible.
- Any injury that may occur during sessions, must be reported to a pool attendant as soon as possible.
- If your child is below the age of 16, you must be present during any training

## TRIPS

### Safety

- All trips will be properly planned in accordance with BCU guidelines by the trip leader.
- No one under the age of 16 will be taken on Club trips, unless accompanied by a parent or nominated guardian.
- The trip organiser will assess the ability of the paddlers wanting to participate and decide on suitability. The trip leaders decision will be final.
- Trip leaders will be responsible for ensuring suitable throw lines and first aid equipment are carried on all trips as required.
- Paddlers are responsible for providing their own equipment and for ensuring that it is of a good condition and suitable for the conditions and purpose of the trip.
- Club equipment may be made available for use to members on a discretionary basis. Any damage or loss will be the responsibility of the person using that equipment (parent or guardian for junior member). Members will be required to transport the equipment to the venue.

### **Code of conduct for adult members**

Hinckley Canoe Club is fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with any committee member

As a member of Hinckley Canoe Club, you are expected to abide by the following code of practice:

- All members must take responsibility in ensuring they are up to date with the rules, understand and adhere to them.
- All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.
- Members should recognise the valuable contribution made by coaches and officials who are usually volunteers. They give their time and resources to provide paddlesport for you

- All members must respect all coaches and leaders and respect all decisions that are made
- All members should be a positive role model, treat other players and officials with the same level of respect you would expect to be shown to you.
- Use correct and proper language at all times (No Swearing)
- Members are not allowed to smoke, consume alcohol or drugs on club premises or whilst representing the club.
- Members must wear suitable kit and clothing for all sessions
- Bullying of any sort will not be tolerated. Encourage everyone to enjoy sport and understand that people have different motivations for taking part.
- Members must pay any fees for training or events promptly.




**3 GREAT REASONS TO JOIN Canoe England**

- 1 Licenses to paddle on 4,500km of waterways**
- 2 Third party liability insurance**
- 3 Huge savings on boat insurance**

There are many advantages of joining 'British Canoeing'. These include free monthly Canoe Focus magazines and e-newsletters, 10% discount at all major canoe and kayak retailers and to help guarantee the future of our sport. HCC membership includes insurance on all club events however members are not covered at any other time, to be covered for your own adventures on the water join today at [www.canoe-england.co.uk/membership](http://www.canoe-england.co.uk/membership).

