



# RISK ASSESSMENT (SITE)

Activity: Coaching

Site: Bosworth Academy, Leicester Lane, Desford, LE9 9JL

Emergency Equipment: Pool life guard and First aid kit

Valid: **2019/2020**  
(throughout year)

Assessed By: Dale Clarke

Assessed On: 01/11/2019

Committee Approval: 02/11/2019

Next Review Date: 1/11/2020

Site Description:

A smallish swimming pool that is part of Bosworth Academy.

**IMPORTANT:** The below has been collated as an exercise before the event. This does NOT replace the need for ALL coaches and leaders to perform an ongoing dynamic risk assessment throughout the event. It is assumed that for all risks, ongoing dynamic risk assessments will be conducted.

Depth: 0.9m to 1.8m

Size: 25m x 10m

**IMPORTANT:**

- Pool shoe covers MUST be worn over all shoes in the pool area
- Boats MUST be cleaned before they're allowed on the water
- All participants MUST follow pool rules

Risk	Who is affected?	Control Measures	RskP <sup>1</sup>	RskS <sup>2</sup>	Risk Rating
Drowning	All paddlers	<p><b>Generic:</b></p> <ul style="list-style-type: none"><li>• No one can be on the water before a coach or suitable leader is present</li><li>• All participants must be competent enough swimmers to tread water until assistance arrives and able to swim to the bank when close to the side</li><li>• A qualified first aider must be present on site</li><li>• Children are to be supervised by their guardian at all times</li></ul> <p><b>Site Specific:</b></p> <ul style="list-style-type: none"><li>• A qualified life guard must be present at all times when participants are in the pool area</li><li>• All participants must be competent at the depth of the water they're using</li><li>• A level 2 coach must be present</li></ul> <p><b>Further Actions:</b></p> <ul style="list-style-type: none"><li>• Coaches/helpers to ensure participants are competent in water depth</li></ul>	2	5	10

<sup>1</sup> Risk Probability of occurrence

<sup>2</sup> Risk Severity in the event of occurrence

		<ul style="list-style-type: none"> <li>Canoeing in the pool is always a group activity so there will always be other canoeists / club officials immediately available to help rescue anyone in danger</li> </ul>			
Lifting injuries	All Participants	<b>Generic:</b> <ul style="list-style-type: none"> <li>Coaches/Leaders to ensure safe lifting guidelines are understood and followed</li> <li>Coaches/Leaders to encourage loads to be shared when possible</li> </ul>	3	3	9
Capsize	All Paddlers	<b>Generic:</b> <ul style="list-style-type: none"> <li>Paddlers must be able to swim to the sides</li> <li>Coaches/Leaders trained in appropriate rescue techniques</li> </ul> <b>Site Specific:</b> <ul style="list-style-type: none"> <li>Capsize drill with and without spray deck required prior to the use of a spray deck</li> </ul> <b>Further Actions:</b> <ul style="list-style-type: none"> <li>Safety brief to be given on spray decks</li> </ul>	5	2	10
Capsize (entrapment)	All Paddlers	<b>Generic:</b> <ul style="list-style-type: none"> <li>Coaches/Leaders able to recognise an entrapped paddler</li> <li>Coaches/Leaders trained in appropriate rescue techniques</li> <li>Coaches/Leaders to ensure an appropriate boat is being used by all paddlers</li> </ul>	2	5	10
Inherent risks (Blisters, Joint injuries, etc.)	All paddlers	<b>Generic:</b> <ul style="list-style-type: none"> <li>All participants should be aware of inherent risks involved and where not possible, then their guardian should be aware of the inherent risks before consenting</li> <li>Coaches/Leaders to ensure safe paddling practice</li> <li>Suitable first aider should be present</li> <li>Wear appropriate footwear</li> </ul> <b>Site Specific:</b> <ul style="list-style-type: none"> <li>No unauthorised swimming in the pool</li> <li>Maximum number of boats on the water per session to be limited to 15 to reduce risk of injury</li> <li>A minimum ratio of 6-1 from participants to coaches</li> </ul> <b>Further Actions:</b> <ul style="list-style-type: none"> <li>Coaches should understand and implement current best practice</li> <li>Coaches/Leaders encouraged to be first aid trained</li> </ul>	3	3	9

Car park and road	All Participants	<b>Generic:</b> <ul style="list-style-type: none"> <li>Drive slowly on site, speed to be kept below 5mph</li> </ul>	3	4	12
Pre-existing medical conditions	All Participants	<b>Generic:</b> <ul style="list-style-type: none"> <li>Medical declaration to be filled out by all members</li> <li>Coaches/Leaders to be made aware of medical problems that could impact them</li> </ul> <b>Site Specific:</b> <ul style="list-style-type: none"> <li>Membership forms with details should be kept on site during activities</li> </ul>	2	2	4
Slips, Trips and Falls	All Participants	<b>Site Specific:</b> <ul style="list-style-type: none"> <li>Coaches to inform all participants about the slippery (wet) floor</li> <li>No running allowed</li> <li>Pool side to be kept clear where possible</li> <li>Coaches/Leaders to promote safe means of entry and exit from a kayak/canoe in the pool environment</li> <li>Corridor should be kept clear to avoid unnecessary incidents</li> <li>Spectators MUST remain behind the barrier in the seating areas</li> </ul> <b>Further Actions:</b> <ul style="list-style-type: none"> <li>All participants to follow pool rules</li> </ul>	4	4	16
Head Injuries	All Participants	<b>Site Specific:</b> <ul style="list-style-type: none"> <li>Paddlers to be aware of potential hazards such as pools edge and paddles</li> </ul> <b>Further Actions:</b> <ul style="list-style-type: none"> <li>See Slips, Trips and Falls for further mitigation</li> </ul>	3	3	9
Leisure Centre Emergencies (e.g. Fire)	All Participants	<b>Site Specific:</b> <ul style="list-style-type: none"> <li>All participants must follow any instructions given by Leisure Centre Staff in a calm and controlled manner</li> </ul> <b>Further Actions:</b> <ul style="list-style-type: none"> <li>Risk is controlled by Leisure Centre operating procedures</li> </ul>	1	4	4

		Probability				
S e v e r i t y	Hig h	Low			High	
		5	1 0	1 5	2 0	2 5
		4	8	1 2	1 6	2 0
		3	6	9	1 2	1 5
		2	4	6	8	1 0
	Low	1	2	3	4	5